

## Celebration of International Women's Day

On March 6, 2024, International Women's Day was commemorated with a gathering of 600 women at the Municipal Community Hall in Harinagar-3, Udhana, Surat. The esteemed guests of honour for the occasion were Dr. Manishaben Zavar, a renowned gynaecologist from Surat, and Shri. D. V. Gamit, Police Inspector of the Cyber Crime Branch in Surat. The program commenced with an array of captivating cultural performances presented by the women, setting a lively and festive tone for the event. Following these performances, a poster exhibition was organized to educate and raise awareness about cervical cancer. The exhibition served as an informative platform, enlightening women on the symptoms, diagnosis, and treatment options available for the disease. In conclusion, the program recognized and honoured the academic achievements of around 100 students from class 10 and 12, presenting them with certificates for their outstanding performance in education. The event was met with tremendous enthusiasm and participation from the women, and the cervical cancer awareness program was highly praised and appreciated by the public.





## Navsarjan Empowers SMC school Students with Important Trainings



Navsarjan has joined forces with the Surat Municipal Corporation (SMC) to equip students with essential life skills through informative training sessions. These sessions were held at various SMC-run schools, with a total of 494 students participating.

### Combating HIV and Maintaining Hygiene

Dr. Niyati Patel conducted interactive sessions at School No. 255, focusing on HIV prevention and personal hygiene for students in grades 6 to 8. These sessions aimed to:

- Raise awareness about HIV disease, its causes, and symptoms.
- Explain methods for preventing HIV transmission.
- Highlight the importance of personal hygiene in disease prevention.

### Navigating the Digital World Responsibly

Recognizing the growing influence of technology, Navsarjan addressed the potential downsides of internet and social media use. Through engaging video presentations, students learned:

- Strategies for responsible online behavior.
- Techniques for safe and effective navigation of the digital world.

This collaborative effort between Navsarjan and the SMC demonstrates their dedication to providing students with a comprehensive education that prepares them for the complexities and possibilities of the 21st century.

Area	School number	Number of participating students
Patichwal	69	217
Udhana	200	178
Nagsennagar	255	99
Total		494



### Empowering Communities: Kidney Disease Awareness Camp

Navsarjan organized kidney camps with the objective of raising awareness about kidney diseases in the working areas of Ramdevpir and Indiranagar. A total of 75 women and 4 men actively participated in these informative camps. During the camps, participants were educated on various aspects of kidney diseases, including symptoms and available remedies. The initiative aimed to increase awareness and equip individuals with the knowledge to identify signs of kidney ailments. Following the camp sessions, attendees were provided with complimentary sugar and blood pressure check-ups, promoting proactive health monitoring. This approach not only enhanced understanding about kidney diseases but also empowered individuals to take charge of their health by recognizing symptoms and monitoring key health indicators. Navsarjan remains committed to fostering health awareness and community well-being through such impactful initiatives. The organization continues to prioritize the importance of early detection and prevention of kidney diseases, ensuring that individuals are well-informed and equipped to maintain their health and well-being.



### Migrant Helpline

The Migrant Helpline (94844 97733), initiated by Navsarjan, was deliberated upon with several organizations operating in South Gujarat to enhance the awareness and outreach of this helpline, aiming to assist every tribal individual residing in the tribal regions of South Gujarat. Meetings were conducted to inform the organizations in Jhankhawav and Vyara about the availability and purpose of the helpline, ensuring that this vital resource reaches and supports all tribal community members effectively.



## Bhagalakshmi Credit Co-operative Society

Bhagalakshmi Credit Co-operative Society Limited remains a crucial support system for its members. In the present month, the society disbursed a total of Rs 8,95,000 in loans to 19 members to address diverse financial requirements. These loans proved instrumental in assisting members with essential expenses like school fees, house taxes, installments, and medical bills, contributing significantly to their financial stability and well-being. Moreover, the society saw the addition of fourteen new members this month, enhancing its membership base. This growth not only bolsters their financial foundation but also positions them to extend their services to a broader community in the future, ensuring continued support and empowerment for a wider range of individuals.

## Empowering Adolescents: Health and Wellness Camp for Teenage Girls

Navsarjan organized adolescent camps specifically tailored for teenage girls from the Swami Vivekanad, Siddhartha Nagar, Rasulabad, Tadkeshwar, and Gotamnagar areas, with 114 enthusiastic participants. The primary focus of this camp was to educate and empower girls on crucial topics such as menstruation, physical and mental well-being, education, and marriage. The camp emphasized the significance of proper nutrition, hygiene practices, and regular exercise in maintaining overall health. Key discussions revolved around essential subjects including understanding menstruation - its what, how, and why, preserving physical and mental well-being, the importance of education and career planning, cultivating responsible decision-making skills, and practical tips for leading a happy and fulfilling life. By addressing these vital topics, Navsarjan aims to equip young girls with the knowledge and skills necessary to navigate adolescence confidently and lead healthy, fulfilling lives. The organization's commitment to empowering young girls in these areas reflects its dedication to promoting holistic well-being and personal development among adolescents.





### Discussion meeting with the officer in the Limbayat zone office

On April 3, 2024, 150 residents from the Bhatena area visited the Limbayat Zone Office to meet with SMC Executive Engineers, Mr. V.S. Ganeshwala and Mr. N.H. Patel, to address the issue concerning the Bhatena Bay Shore Houses. The visit was prompted by a previous interaction in early March 2024, where SMC officers had discussed the possibility of demolishing houses in Bhatena without providing specific details. This led to apprehension among the community members, particularly with the onset of the month of Ramzan, as they were concerned about their housing situation in case of demolition. During the meeting, the residents expressed their anxieties to the authorities. Executive Engineers Mr. V.S. Ganeshwala and Mr. N.H. Patel reassured them that they had not received any demolition orders yet. However, they promised to promptly inform the residents if any such directive was issued, ensuring that the community would be given advance notice and kept informed of any developments regarding their homes.



### Bhagalakshmi Credit Co-operative Society Holds Core Committee Meeting

A core committee meeting for Bhagalakshmi Credit Co-operative Society Limited was held on March 9, 2024, with 23 members in attendance. The meeting commenced with an emphasis on the significance of the core committee, highlighting their role in managing the society and contributing to its growth and success. The detailed rules and regulations of Bhagalakshmi Credit Co-operative Society Limited were discussed, covering various aspects such as membership, deposits, loans, interest rates, and other important guidelines. The members were provided with a thorough understanding of these rules to ensure their active participation and contribution to the society's operations. At the conclusion of the meeting, members were invited to ask questions, fostering an open and transparent discussion. The meeting was deemed informative and beneficial, enabling the members to gain a comprehensive understanding of the society's function and rules. This knowledge will empower them to actively engage in the society's activities and support its growth and development.



## Navsarjan Empowers Citizens Through Legal Awareness Camps

Navsarjan organized legal awareness camps aimed at educating the public about the legal system and their rights as citizens. These camps were conducted in three areas: Shivshakti, Althan, and Nagsennagar. A total of 79 residents attended these informative sessions, acquiring valuable knowledge about the legal system and their fundamental rights. The camps covered a wide range of essential topics, including: Women's marital rights and rights after marriage, The right to maintenance, Domestic violence laws and protection for women, Accessing legal aid, The importance of evidence in legal proceedings, Property rights and documentation. By equipping participants with this legal knowledge, the camps aimed to achieve several positive outcomes: Increased awareness of the legal system and its ability to protect individual rights, Encouraging women to seek legal recourse against domestic violence and injustice. Highlighting the importance of legal documentation and navigating the process of obtaining it. Navsarjan's initiative empowers citizens to navigate legal issues with greater confidence, fostering a more just and secure society by promoting legal literacy and encouraging the use of legal resources to protect individual rights and interests.



## Navchetana Trust meeting

On March 21, 2024, the Navchetana Trust convened a core committee meeting with 51 women members present. The meeting began with Navchetana President Jyotiben Pipale acknowledging the celebration of Women's Day, prompting the women to share their experiences and views on participating in the event. Dr. Manishaben Zavar, a gynaecologist, attended the meeting and enlightened the members on various female health issues. Through this training, the members gained comprehensive knowledge about significant female diseases, such as cervical cancer and menopause. Dr. Zavar provided detailed information on the causes of cervical cancer, breast cancer, menopause, and early onset of menstruation in girls, ensuring that the members were well-informed and equipped to manage their health effectively. This initiative by the Navchetana Trust not only empowered women with essential health knowledge but also fostered a supportive environment for discussing and addressing women's health concerns.





### Picnic – Old age Home and Garden

On March 9, 2024, a children's picnic was organized for 122 students from classes 1 to 7. The purpose of the outing was to instil in the children a sense of respect, admiration, and appreciation for their elders, while also fostering the spirit of service and generosity. The picnic began in a local garden, where the children engaged in various games and enjoyed themselves. Following this, the children visited an old age home in the Dindoli area of Surat. At the old age home, the children interacted with the elderly residents, listening to their stories and sharing moments of joy. They played games with the elders, served them breakfast, and sought their blessings by bowing at their feet. The elders, in turn, advised the children to focus on their studies and to always care for and respect their elders. The children felt a deep sense of happiness and fulfilment from their time spent with the elderly residents. As a token of their gratitude, the children contributed from their savings to the old age home, purchasing a fan for the residents. This act of kindness not only demonstrated their sense of service and generosity but also allowed them to experience the joy of giving. Through this picnic, the children learned the importance of respect and admiration for their elders, as well as the value of service and philanthropy. The experience left a lasting impression on the children, shaping their character and instilling in them a sense of social responsibility.



### Children should be made aware of the Indian constitution and preamble.....

The Indian Constitution serves as the foundation of our nation, and cultivating a deep understanding of its principles in the minds of young students is of paramount importance in today's context. Navsarjan has taken a commendable initiative to familiarize children with the fundamental principles of the Indian Constitution. To achieve this objective, teachers and principals in a total of 45 schools within Navsarjan's work area have incorporated the invocations provided by Navsarjan, effectively instilling the essence of the Indian Constitution in their educational institutions. This initiative not only fosters a deep appreciation for the Constitution but also encourages young minds to uphold its values and principles, thereby strengthening the fabric of our society.





### Celebrating Holi

On March 23, 2024, children from grades 1 to 7 celebrated Holi with great enthusiasm. A total of 220 children, 25 parents, and 8 members of the Women's Mahila Mandal took part in this vibrant celebration. The event commenced with an explanation of the significance of the Holi festival to the children. They were educated about the history of Holi and the traditional customs associated with its observance. Subsequently, the children shared five sentences about Holi, elaborating on the importance of Holi colors and demonstrating how to use them effectively. Following this, the children joyfully applied colors to each other, engaging in the traditional practice of playing with dry and wet colors. They participated in games, danced, and relished festive snacks, creating a lively and enjoyable atmosphere. The children immersed themselves in the spirit of Holi, playing with exuberance and unity, devoid of any discrimination. Each child radiated happiness and excitement, with parents also present to witness and share in the joy of their children's Holi celebrations.



### Police station visit with Adolescents girls and boys

In the Navsarjan working area, a total of 78 children hailing from Rasulabad, Bhatena, and Nagsennagar were invited to visit a local police station. The objective of this visit was to inspire the children to consider careers in law enforcement, foster positive relationships between the police and the community, and enhance their understanding of the police department's operations. During the visit, the children were introduced to the various departments within the police station and gained insights into the roles and responsibilities of police officers. They also had the opportunity to observe police vehicles and equipment, further deepening their understanding of the police force's capabilities. The children actively engaged with the head of the police station, asking questions related to police work, challenges, and achievements. Many children expressed their aspiration to become police officers, and the police personnel present encouraged them to pursue their dreams, emphasizing the importance of education and dedication in achieving their goals. This visit served to build trust and rapport between the police and the community, fostering a positive and supportive relationship for the future.



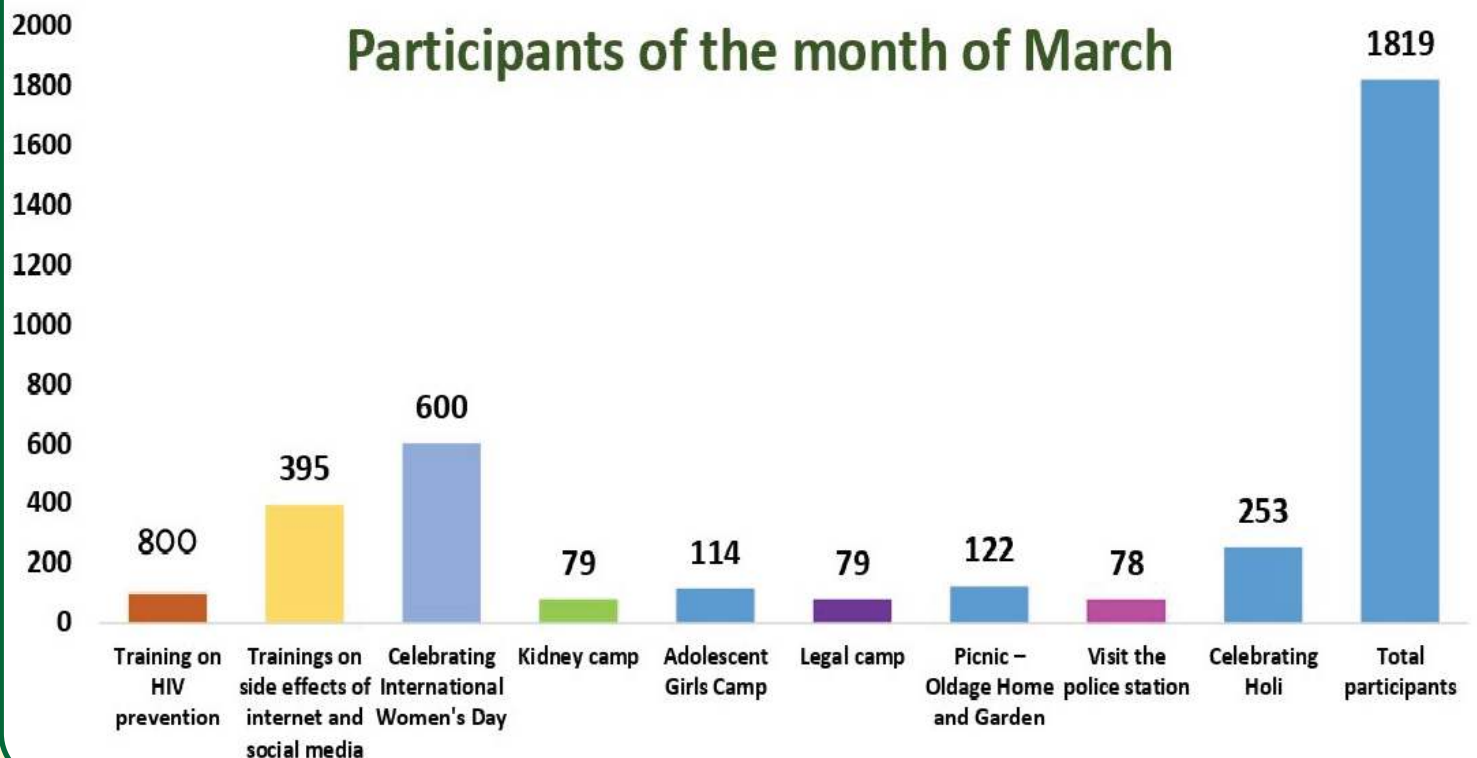




### Working with Migrants

In March, outreach efforts were made to 9 labor markets in Surat, where a total of 460 migrant laborers were sensitized about the Migrant Help Desk and various government schemes. Additionally, visits were conducted at 13 construction sites in Surat, resulting in interactions with 270 laborers. These encounters served to raise awareness about the Migrant Help Desk and inform them of their rights, fostering a more informed and empowered workforce.

### Participants of the month of March







### Photo Gallery



Police station visit



Celebrating Holi



Picnic – Old age Home and Garden





## Photo Gallery



**Legal Awareness Camps**



**Camp for Teenage Girls**



**Celebration of International Women's Day**