



Poori Padhai Desh Ki Bhalai - Let's promote girl child education



Navsarjan, in collaboration with the CRY organization, organized awareness programs across 11 areas in Surat to highlight the significance of educating girls for the nation's progress. A total of 545 girls and 148 boys participated in these initiatives, reaching out to 3,430 individuals from the local communities. The events saw active involvement from local girls, their guardians, women from Mahila Mandals, and local youth.

During the program, the girl participants led a rally, showcasing posters, placards, and slogans. They engaged with community members by displaying educational materials and explaining the critical role of girls' education in national development. This initiative aimed to inspire community members to prioritize the education of girls.



Training of members of the Navchetana



Various Numerous government schemes aimed at women and girls often fail to reach the intended beneficiaries, leaving many women deprived of these opportunities. To address this issue, 62 Navchetna women were trained to ensure that information about government schemes effectively reaches every woman in their communities, enabling them to benefit from these initiatives. Rileshbhai Libanchia, an advocate from the District Seva Satta Mandal Adhikar, informed participants about their legal rights and responsibilities. Additionally, Mr. Maheshbhai Parmar from the Office of Women and Child Development provided insights into various government schemes available for women throughout their lives. Mrs. Alkaben from Sakhi One Stop Centre 181 explained the facilities available for women.

The training also included information from Sunilbhai about The National Institute of Open Schooling (NIOS), emphasizing opportunities for drop-out children to resume their education and encouraging community awareness. Furthermore, discussions were held regarding notices numbered 264 and 268 related to various government housing issues, detailing their implications and possible actions.



Celebrating Independence Day



To promote national pride and foster a sense of brotherhood, approximately 2,641 children, parents, Mahila Mandal women, and local youth celebrated Independence Day with enthusiasm across 29 areas. The event began with a rally led by children and women from the Mahila Mandal, who carried slogans and posters. They hoisted the national flag, performed dances to patriotic songs, and spoke about the leaders who fought for India's independence. The program concluded with the presentation of certificates to students from computer and sewing classes, recognizing their achievements.



Empowering Communities: Kidney Disease Awareness Camp

Navsarjan held a kidney disease awareness camp in the Nagsennagar, Siddharthnagar, Swami Vivekanand, Gautamnagar, and Marutinnagar areas to educate the community about kidney health. A total of 192 women participated in this informative event. Attendees learned about various aspects of kidney diseases, including symptoms and treatment options. The initiative aimed to enhance awareness and equip individuals with the knowledge to recognize signs of kidney problems. After the sessions, participants received free check-ups for blood sugar and blood pressure, promoting proactive health monitoring. This approach not only improved understanding of kidney diseases but also empowered individuals to take charge of their health by identifying symptoms and tracking vital health indicators. Navsarjan is committed to advancing health awareness and community well-being through impactful initiatives that stress the importance of early detection and prevention of kidney diseases. During the camp, it was noted that four individuals had low blood pressure, 18 had high blood pressure, and nine had high blood sugar; all were advised to consult a doctor for appropriate medication.

Empowering Adolescents: Health and Wellness Camp for Teenage Girls

Navsarjan organized specialized adolescent camps for teenage girls from the Premnagar and Dargah areas, attracting 39 eager participants. The primary goal of the camp was to educate and empower girls on essential topics such as menstruation, physical and mental health, education, and marriage.

The camp highlighted the significance of proper nutrition, hygiene, and regular exercise to promote overall well-being. Key discussions covered understanding menstruation—its nature, process, and importance—maintaining physical and mental health, the value of education and career planning, developing responsible decision-making skills, and practical advice for leading a happy and fulfilling life.

Participants received information through posters, which enhanced their understanding. This newfound knowledge brought joy to the girls, as they had not previously received such information. Accompanying mothers expressed their appreciation, stating that their daughters gained insights for the first time and encouraged the organization to hold similar camps in the future.



Navsarjan Empowers Citizens Through Legal Awareness Camps

Navsarjan conducted legal awareness camps to educate the community about the legal system and citizens' rights. These sessions were held in four areas, including Udhna 6, with 17 residents participating. The camps covered a range of important legal topics, including how to access legal aid and discussions on women's rights led by lawyers. Participants gained valuable insights into the legal system and increased their awareness of women's rights.



Leadership training

A total of 35 children from Bhatena, Rasulabad, and Nagsennagar received training focused on leadership and health hygiene. The workshop aimed to cultivate leadership qualities in children, promote their health, and raise awareness about hygiene. Dr. Mitesh Vaidya educated the participants on health and hygiene, covering daily routines' do's and don'ts, as well as various diseases such as asthma, malaria, typhoid, and tuberculosis. He also emphasized the importance of both physical and mental well-being, including managing emotions like anger, jealousy, and impatience. Leadership training was conducted by Mr. Mahesh Ramamurthy, a trainer and behavioral science expert. He discussed essential leadership qualities, highlighting the "6 C's": connecting with others, character, competence, confidence, coping skills, control, and contribution. The training sparked curiosity among the children to aspire to be leaders while also making them more conscious of their health and hygiene.



Bhagyalakshmi Credit Co-operative Society: A Pillar of Support

Bhagyalakshmi Credit Co-operative Society Limited remains a vital support system for its members. This month, the society disbursed Rs 6,80,000 in loans to six members to address various financial needs, including school fees, house taxes, installments, and medical expenses. These loans have played a significant role in enhancing the financial stability and well-being of the members. Additionally, the society welcomed 30 new members this month, broadening its reach and positioning itself to serve a larger community in the future. This expansion strengthens the society's financial base and enables it to provide ongoing support and empowerment to more individuals. In August, 26 women received loans to purchase oil cans, enabling them to create employment opportunities and live independently.



Parent Meeting – To build rapport with parents

During the month, a parents' meeting was conducted with 202 parents and Mahila Mandal women from nine classes, including five tuition classes, two sewing classes, one class for drop-out children, and one computer class. The primary purpose of these meetings was to foster a strong relationship with the parents and discuss their children's progress and class activities. Various concerns were raised by the parents, and the meeting saw active participation from many attendees.

Monthly Examination – Assessment of children's learning

To evaluate the children's learning, a Mathematics exam was conducted based on the curriculum covered during the June and July study period. A total of 173 children participated in the exam, and they achieved commendable results.

Connection of two associations in Navchetana

Navchetana is a large federation comprising 32 organizations. On August 24, 2024, two new organizations were added: Vaibhav Mahila Mandal from the Hegdewad area and Ujala Mahila Mandal from the Patelnagar area. A total of 19 women from these organizations have been trained as part of women's congregations at Navsarjan. During this training, the women learned about the importance of organization and gained insights into how congregations operate. They engaged in activities that highlighted the four foundational pillars essential for running a congregation: goal, cooperation, trust, and support among members. By the end of the training, they had a clear understanding of Navsarjan's operations.



Health Checkup Camp



Health is a vital and invaluable asset in life. For individuals to enjoy a fulfilling family and social life, maintaining good health is essential. Recently, a health check-up camp was conducted for 112 adolescents from Rasulabad, Bhatena, and Nagsennagar, where Dr. Rajendra Prajapati performed physical examinations. The primary health issues reported by the children were stomach aches and headaches.

Health awareness



To promote awareness of various diseases and encourage good health practices among children, Dr. Rajendra Prajapati provided detailed information on conditions such as jaundice, malaria, and skin diseases, as well as the importance of maintaining cleanliness. A total of 170 children from three areas participated in this training session, where they learned about different diseases and were motivated to take charge of their health.



Celebrating Raksha Bandhan



Raksha Bandhan was celebrated across eight classes to foster unity and brotherhood among children, with a total of 291 children and 68 parents and Mahila Mandal women participating. The children prepared presentations about Raksha Bandhan and shared their understanding of the festival with their peers. Activities included thali decoration, tying rakhis, and group meals. The celebration brought joy to the children, who participated together without any discrimination.

Participants of the month of August

